



GESTALT THERAPY VIENNA Self-Experiential Group Workshops

Attend as many of the 7 workshops as you like between September 2015 and June 2016

TIMES: Fridays from 05:00pm to 08:30pm, Saturdays from 09:30am to 04:00pm

DATES: 25/26.09.15, 27/28.11.15, 15/16.01.16, 11/12.03.16, 08/09.04.16, 20/21.05.16, 17/18.06.16

COST: 350€ / person / workshop (8 - 15 persons)

Registration & payment 3 weeks prior workshop date

Individual 30-Minute preliminary appointment after registration (free of charge!)

LOCATION: 1010 Vienna, Bäckerstraße 14/13

A new opportunity for the English speaking community in Vienna to experience Gestalt Therapy in a contemporary and modern style. Gestalt Therapy is an existential, experiential and experimental modality of psychotherapy focusing on the individual's experience in the present moment. In Gestalt Therapy we understand personal problems, symptoms and difficulties as creative adjustments of individuals, as they are part of the society we all live in. This group is available for individuals, who want to find out more about themselves and want to explore their way of being in a relationship, family and workplace.

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